

Breakfast

- Maple Cinnamon Overnight Oats 
- Yogurt Parfait 
- Hard Boiled Eggs 
- Fruit Cup
- Sausage Egg & Cheese Biscuit
- Biscuits & Gravy
- Bagel & Cream Cheese
- Turkey Sausage, Egg & Cheese on Whole Wheat English Muffin 



Heat & Eat

- Macaroni & Cheese
- Chicken Strips
- Chili
- Gumbo
- BBQ Burnt Ends with Mashed Potatoes
- Buffalo Boneless Chicken Wings
- Chicken Stir Fry with Vegetables
- Roasted Chicken, Potatoes & Broccoli - Work Life Balance 
- Whole Wheat Pesto Pasta with Chicken - Work Life Balance 

Snacks

- Yogurt Parfait
- Hard Boiled Eggs 
- Fruit Cup 
- Chicken Salad & Flatbread Crackers
- Carrot, Celery & Hummus 
- Chocolate Pudding Cup
- Cream Cheese Brownie Dessert Cup



Salads & Sandwiches

- Garden Salad 
- Cobb Salad
- Beef & Cheddar on Sourdough
- Turkey & Provolone Sliders 
- Ham & Swiss Sandwich
- Bagel & Cream Cheese
- Veggie Burger 
- Cheeseburger
- Spicy Chicken Sandwich
- Plain Breaded Chicken Sandwich
- Chicken Salad Croissant

Fresh food options change weekly. Based on Market Fresh Food Menu, all items are subject to change based on participating locations and availability. Items may be out of stock at a specific location.

Questions? Please fill out an online survey. Thank you for your business!