

Breakfast

- Chia Seed Parfait 
- Yogurt Parfait
- Hard Boiled Eggs 
- Fruit Cup 
- Sausage Egg & Cheese Biscuit
- Chicken & Waffles
- Biscuits & Gravy
- Bagel & Cream Cheese
- Big John Breakfast Sandwich



Heat & Eat

- Chicken Strips
- Chili
- Broccoli Cheese Soup
- Tamales topped with Chili
- Cheese Breadsticks with Marinara
- Coconut Curry Chicken with Brown Rice - Work Life Balance 
- Southwest Buffalo Chicken Wrap on Wheat - Work Life Balance 

Snacks

- Chia Seed Parfait 
- Yogurt Parfait
- Hard Boiled Eggs 
- Fruit Cup 
- Grape & Cheese Cup 
- Chocolate Pudding Cup
- Brownie Dessert Cup



Salads & Sandwiches

- Garden Salad 
- Chicken Caesar Salad
- Beef & Cheddar on Sourdough
- Turkey & Provolone on Wheat 
- Ham & Swiss Sliders
- Bagel & Cream Cheese
- Veggie Burger 
- Cheeseburger
- Spicy Chicken Sandwich
- Plain Breaded Chicken Sandwich
- Chicken Caesar Wrap
- Teriyaki Pork Sandwich
- BBQ Pulled Pork Sandwich
- Chicken Sliders