

River's Edge Cafe

January 30th-February 3rd

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am - 8:30 am
10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

CHEF'S MARKET: Baked Mostaccioli with Breadstick \$8.25 With 1 Side \$9.25 **HEALTHY HABIT:** Italian Herb Chicken Breast \$6.60 With 2 Sides \$9.25 SIDES: Oven Roasted Potatoes \$1.90 \$1.90 Spaghetti Squash Peas & Mushrooms \$1.90 GRILL SPECIAL:

Chipotle Chicken Sandwich with

\$6.49

\$6.60

Pepper Jack Cheese

Tuesday

CHEF'S MARKET: Turkey Stuffed Peppers With 1 Side	\$6.60 \$9.25
HEALTHY HABIT: Honey Mustard Chicken Breast With 2 Sides SIDES:	\$6.60 \$9.25
Wild Rice Green Beans Vegetable Medley	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: Mushroom & Swiss Burger	\$6.29

Wednesday

Shrimp PO Boy

CHEF'S MARKET: Smoked Pork Nachos	\$9.25
HEALTHY HABIT: Smoked Chicken With Two Sides	\$6.60 \$9.25
SIDES: Mexican Rice Refried Beans Vegetable Medley	\$1.90 \$1.90 \$1.90
GRILL SPECIAL:	

Thursday

CHEF'S MARKET:

Fried Chicken

With 2 sides	\$9.25
HEALTHY HABIT: Beef Liver & Onions With 2 sides	\$6.60 \$9.25
SIDES: Mashed Potatoes Corn Italian Green Beans	\$1.90 1.90 \$1.90
GRILL SPECIAL: Grilled Ham & Cheese	\$6.49

Friday

CHEF'S MARKET:

Fried Fish

With 2 Sides	\$9.25
HEALTHY HABIT: Baked Fish With 2 Sides	\$6.60 \$9.25
SIDES: Macaroni & Cheese Baked Beans Mixed Vegetables	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: California Chicken Pita With cheese, peppers, onior mushrooms	ns & \$ 6.99

\$6.60

Served Daily

\$6.99

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate