



Food Service and Catering by:

River's Edge Cafe

January 9th – January 13th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am – 8:30 am
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often
Yellow choose in **Moderation**
Red choose **LESS** often

Monday

CHEF'S MARKET:

Lasagna with Breadstick
With 1 side **\$8.25**
\$9.25

HEALTHY HABIT:

Honey Mustard Chicken
With 2 Sides **\$6.60**
\$9.25

SIDES:

Wild Rice **\$1.90**
Peas & Carrots **\$1.90**
Vegetable Medley **\$1.90**

GRILL SPECIAL:

Polish Sausage
with Peppers & Onion **\$4.99**

Tuesday

CHEF'S MARKET:

Rosemary Artichoke Chicken **\$6.60**
With 2 sides **\$9.25**

HEALTHY HABIT:

Roast Pork Loin **\$6.60**
With 2 Sides **\$9.25**

SIDES:

Oven Roasted Potatoes **\$1.90**
Green Beans **\$1.90**
Roasted Brussel Sprouts **\$1.90**

GRILL SPECIAL:

Buffalo Chicken Chunks **\$6.29**

Wednesday

CHEF'S MARKET:

Beef Taco Salad **\$9.25**

HEALTHY HABIT:

Chicken Taco Salad
On a Bed of Lettuce **\$9.25**

SIDES:

Mexican Rice **\$1.90**
Refried Beans **\$1.90**
Roasted Corn **\$1.90**

GRILL SPECIAL:

Bacon Cheeseburger **\$6.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$6.60**
with 2 sides **\$9.25**

HEALTHY HABIT:

Baked Chicken **\$6.60**
With 2 sides **\$9.25**

SIDES:

Mashed Potatoes **\$1.90**
Corn **\$1.90**
Zucchini & Yellow Squash **\$1.90**

GRILL SPECIAL:

Jalapeno Chili Cheeseburger **\$6.79**

Friday

CHEF'S MARKET:

Fried Fish **\$6.60**
With 2 Sides **\$9.25**

HEALTHY HABIT:

Herb Baked Fish **\$6.60**
With 2 Sides **\$9.25**

SIDES:

Buttered Boiled Potatoes **\$1.90**
Baked Beans **\$1.90**
Vegetable Medley **\$1.90**

GRILL SPECIAL:

Chicken Quesadilla **\$6.49**

Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate