



Food Service and Catering

River's Edge Cafe

February 6th - February 10th

Jo Landon Manager
execphillips88@gmail.com
Hours: 8:00 am - 8:80 am
10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green choices **MORE** often
Yellow choices in **Moderation**
Red choices **LESS** often

Monday

CHEF'S MARKET:
Baked Ham \$6.60
With 2 sides \$9.25

HEALTHY HABIT:
Herb Chicken Breast \$6.60
With 2 Sides \$9.25

SIDES:
Au Gratin Potatoes \$1.90
Green Beans \$1.90
Spinach \$1.90

GRILL SPECIAL:
BBQ Rib Sandwich \$5.99

Tuesday

CHEF'S MARKET:
Red Bean & Spicy Sausage
Over Rice with Corn Bread \$9.25

HEALTHY HABIT:
Cajun Chicken with Black
Bean Salsa \$6.60
With 2 Side \$9.25

SIDES:
Steamed Rice \$1.90
Peas & Mushrooms \$1.90
Mixed Vegetables \$1.90

GRILL SPECIAL:
Buffalo Chicken Sandwich \$6.49

Wednesday

CHEF'S MARKET:
Beef Taco Salad \$9.25

HEALTHY HABIT:
Chicken Taco Salad on
Bed of Lettuce \$9.25

SIDES:
Mexican Rice \$1.90
Refried Beans \$1.90
Roasted Corn \$1.90

GRILL SPECIAL:
Popcorn Shrimp with
Cocktail Sauce \$6.29

Thursday

CHEF'S MARKET:
Country Fried Steak \$6.60
With 2 sides \$9.25

HEALTHY HABIT:
Roast Turkey \$6.60
With 2 Sides \$9.25

SIDES:
Mashed Potatoes \$1.90
Stuffing \$1.90
Corn \$1.90
Vegetable Medley \$1.90

GRILL SPECIAL:
Meatball Sub \$6.49

Friday

CHEF'S MARKET:
Fried Fish \$6.60
With 2 Sides \$9.25

HEALTHY HABIT:
Baked Fish with Tomato,
Basil & Garlic \$6.60
With 2 Sides \$9.25

SIDES:
Buttered Boiled Potatoes \$1.90
Baked Beans \$1.90
Broccoli & Cauliflower \$1.90

GRILL SPECIAL:
French Dip Sandwich \$7.29

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate