

### Breakfast




- Maple Cinnamon
- Overnight Oats 
- Yogurt Parfait 
- Fruit Cup 
- Sausage Egg & Cheese Biscuit
- Biscuits & Gravy
- Bagel & Cream Cheese
- Turkey Sausage, Egg & Cheese on Whole Wheat English Muffin 

### Snacks

- Yogurt Parfait
- Fruit Cup 
- Chicken Salad & Flatbread Crackers
- Tuna Salad & Flatbread Crackers
- Carrot, Celery & Hummus 
- Chocolate Pudding Cup
- Brownie Dessert Cup



### Salads & Sandwiches

- Garden Salad 
- Chicken Caesar Salad
- Beef & Cheddar on Sourdough
- Turkey & Provolone Sliders 
- Ham & Swiss Sandwich
- Bagel & Cream Cheese
- Veggie Burger 
- Cheeseburger
- Spicy Chicken Sandwich
- Plain Breaded Chicken Sandwich
- Chicken Salad Croissant
- Tuna Salad Croissant



### Heat & Eat

- Macaroni & Cheese
- Chicken Strips
- Chili
- Gumbo
- BBQ Burnt Ends with Mashed Potatoes
- Buffalo Boneless Chicken Wings
- Cajun Chicken Pasta
- Egg Roll in a Bowl - Work Life Balance 
- Whole Wheat Pesto Pasta with Chicken - Work Life Balance 

**Fresh food options change weekly. Based on Market Fresh Food Menu, all items are subject to change based on participating locations and availability. Items may be out of stock at a specific location.**

**Questions? Please fill out an online survey. Thank you for your business!**