

Breakfast

Chia Seed Parfait 
Yogurt Parfait
Fruit Cup 
Sausage Egg & Cheese Biscuit
Chicken & Waffles
Biscuits & Gravy
Bagel & Cream Cheese
Big John Breakfast Sandwich



Heat & Eat

Buffalo Chicken Mac & Cheese
Chicken Strips
Chili
Broccoli Cheese Soup
Tamales topped with Chili
Cheese Breadsticks with Marinara
Buffalo Chicken Wrap - Work Life Balance 
Fajita Chicken with Brown Rice and Black Beans - Work Life Balance 
Jambalaya

Snacks

Chia Seed Parfait 
Yogurt Parfait
Fruit Cup 
Grape & Cheese Cup 
Chocolate Pudding Cup
Brownie Dessert Cup



Salads & Sandwiches

Garden Salad 
Bacon Chicken Ranch Salad
Beef & Cheddar on Sourdough
Turkey & Provolone on Wheat 
Ham & Swiss Sliders
Bagel & Cream Cheese
Veggie Burger 
Cheeseburger
Spicy Chicken Sandwich
Plain Breaded Chicken Sandwich
Chicken Caesar Wrap
Teriyaki Pork Sandwich
BBQ Pulled Pork Sandwich
Chicken Sliders

Fresh food options change weekly. Based on Market Fresh Food Menu, all items are subject to change based on participating locations and availability. Items may be out of stock at a specific location.

Questions? Please fill out an online survey. Thank you for your business!