



Food Service and Catering by:

River's Edge Cafe

March 6th - March 10th

Jo Landon Manager

exdphillips66@gmail.com

Hours: 6:00 am - 8:30 am

10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

CHEF'S MARKET:

Spaghetti & Meat Sauce
With breadstick **\$8.25**
With 1 Side **\$9.25**

HEALTHY HABIT:

Mango Salsa Chicken **\$6.60**
With 2 Sides **\$9.25**

SIDES:

Oven Roasted Potatoes **\$1.90**
Green Beans **\$1.90**
Vegetable Medley **\$1.90**

GRILL SPECIAL:

Hamburger Horseshoe **\$7.49**

Tuesday

CHEF'S MARKET:

Beef & Broccoli over Rice **\$8.25**
With one Side **\$9.25**

HEALTHY HABIT:

Chicken Stir Fry over Rice **\$8.25**
With 1 Side **\$9.25**

SIDES:

Steamed Rice **\$1.90**
Stir Fry Vegetables **\$1.90**
Egg Roll **\$1.90**
Crab Rangoon **\$1.90**

GRILL SPECIAL:

Chicken Parmesan Sandwich **\$6.49**

Wednesday

CHEF'S MARKET:

Smoked Pork **\$6.60**
With two sides **\$9.25**

HEALTHY HABIT:

Smoked Chicken **\$6.60**
With Two Sides **\$9.25**

SIDES:

Macaroni & Cheese **\$1.90**
Vegetable Medley **\$1.90**
Baked Beans **\$1.90**

GRILL SPECIAL:

Bacon Cheeseburger **\$6.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$6.60**
With 2 sides **\$9.25**

HEALTHY HABIT:

Stuffed Butternut Squash **\$6.60**
With 1 Side **\$8.25**

SIDES:

Au Gratin Potatoes **\$1.90**
Corn **\$1.90**
Zucchini & Yellow Squash **\$1.90**

GRILL SPECIAL:

Sloppy Joe & Cheese Wrap **\$6.49**

Friday

CHEF'S MARKET:

Breaded Butterfly Shrimp **\$6.60**
With 2 sides **\$9.25**

HEALTHY HABITS:

Cajun Tilapia with
Black bean corn salsa **\$6.60**
With 2 Sides **\$9.25**

SIDES:

Garlic Mashed Potatoes **\$1.90**
Cole Slaw **\$1.90**
Mixed Vegetables **\$1.90**

GRILL SPECIAL:

Philly Cheesesteak **\$7.49**

Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate