

River's Edge Cafe

April 24th - April 28th

Jo Landon Manager exdphillips66@gmail.com Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

CHEF'S MARKET:

Spaghetti & Meat sauce with

Breadstick \$8.25 With 1 Side \$9.25

HEALTHY HABIT:

Chicken Tenders \$6.60

With 2 Sides \$9.25

SIDES:

Oven Roasted Potatoes \$1.90

Spaghetti Squash \$1.90

Peas & Mushrooms \$1.90

GRILL SPECIAL:

Baked Italian Herb

Chipotle Chicken Sandwich with Pepper Jack Cheese

Tuesday

CHEF'S MARKET:

Red Beans & Spicy Sausage over \$9.25

Rice with Corn Bread

HFAITHY HABIT

Spinach & Feta Stuffed Fish \$6.60 With 2 Sides \$9.25

SIDES:

Steamed Rice

\$1.90 \$1.90 Green Beans

Vegetable Medley \$1.90

GRILL SPECIAL:

Mushroom & Swiss Burger \$6.29

Wednesday

CHEF'S MARKET:

Smoked Beef Brisket \$8.25 \$9.25

With 1 Side

HEALTHY HABIT:

Smoked Chicken \$6.60

With 2 Sides \$9.25

SIDES:

Potato Casserole \$1.90

Cole Slaw \$1.90

Vegetable Medley \$1.90

GRILL SPECIAL:

Pork Fritter Sandwich \$6.99

Thursday

CHEF'S MARKET	:
Fried Chicken	

\$6.60 With 2 sides \$9.25

HEALTHY HABIT:

Stuffed Butternut Squash \$6.60 With 2 sides \$9.25

SIDES:

Mashed Potatoes \$1.90 1.90 Italian Green Beans \$1.90

\$6.49

GRILL SPECIAL:

Grilled Ham & Cheese

Friday

CHEF'S MARKET:

Fried Fish \$6.60 With 2 Sides \$9.25

HEALTHY HABIT:

Baked Fish \$6.60 \$9.25 With 2 Sides

SIDES:

Macaroni & Cheese \$1.90 \$1.90 **Baked Beans** Mixed Vegetables \$1.90

GRILL SPECIAL:

California Chicken Pita

With cheese, peppers, onions &

mushrooms \$6.99

Served Daily

Grilled Chicken Breast

Beyond Burger Turkey Burger

Vegetable Plate