

River's Edge Cafe

May 15th- May 19th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am – 8:30 am
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

CHEF'S MARKET: Beef Stroganoff Over Egg Noodles \$8.25 \$9.25 With 1 side **HEALTHY HABIT:** Rosemary Artichoke Chicken \$6.60 With 2 Sides \$9.25 SIDES: **Buttered Egg Noodles** \$1.90 Peas & Carrots \$1.90 Vegetable Medley \$1.90 **GRILL SPECIAL:** Polish Sausage

\$4.99

Tuesday

CHEF'S MARKET: Chicken & Dumplins With 2 sides	\$6.60 \$9.25
HEALTHY HABIT: Teriyaki Pork Loin With 2 Sides	\$6.60 \$9.25
SIDES: Oven Roasted Potatoes Green Beans Roasted Brussel Sprouts	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: Buffalo Chicken Chunks	\$6.99

Wednesday

DELI STATION IS CLOSED TODAY

CHEF'S MARKET	40.05
Beef Chimmichanga	\$8.25
With 1 Side	\$9.25
HEALTHY HABIT:	
Salsa Chicken	\$6.60
With 2 Sides	\$9.25
SIDES:	
Mexican Rice	\$1.90
Refried Beans	\$1.90
Vegetable Medley	\$1.90
GRILL SPECIAL:	
Bacon Cheeseburger	\$6.99
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Thursday

CHEF'S MARKET:

with Peppers & Onion

Country Fried Steak with 2 sides	\$6.60 \$9.25
HEALTHY HABIT: Baked Chicken With 2 sides	\$6.60 \$9.25
SIDES: Mashed Potatoes Corn Zucchini & Yellow Squash	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: Greek Gyro	\$6.99

Friday

CHEF'S MARKET: Fried Fish With 2 Sides	\$6.60 \$9.25
HEALTHY HABIT: Herb Baked Fish With 2 Sides	\$6.60 \$9.25
SIDES: Buttered Boiled Potatoes Cole Slaw Steamed Broccoli	\$1.90 \$1.90 \$1.90
GRILL SPECIAL:	

\$6.79

Chicken Quesadilla

With Sour Cream & Salsa

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate