

# River's Edge Cafe

May 1<sup>st</sup> - May 5th<sup>th</sup>
Jo Landon Manager

Jo Landon Manager exdphillips66@gmail.com Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

#### Monday

CHEF'S MARKET: Baked Mostaccioli With Breadstick With 1 side	\$8.25 \$9.25
HEALTHY HABIT: Teriyaki Grilled Chicken Tenders With 2 Sides	\$6.60 \$9.25
SIDES: Oven Roasted Potatoes Green Beans Vegetable Medley	<b>\$1.90</b> <b>\$1.90</b> <b>\$1.90</b>
GRILL SPECIAL: Toasted Ravioli with Marinara	\$6.79

#### Tuesday

CHEF'S MARKET: Beef & Broccoli Over Rice With 1 Side	\$8.25 \$9.25
HEALTHY HABIT: Chicken Fried Rice With 1 Side	\$8.25 \$9.25
SIDES: Steamed Rice Stir Fry Vegetables Egg Roll Crab Rangoon GRILL SPECIAL:	\$1.90 \$1.90 \$1.90 \$1.90
Hamburger Horseshoe	\$7.49

## Wednesday

CHEF'S MARKET Baked Chicken With 2 Sides	\$6.60 \$9.25
HEALTHY HABIT: Shrimp & Veggie Pasta With 1 Side	\$8.25 \$9.25
SIDES: Au Gratin Potatoes Vegetable Medley Steamed Broccoli	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: Bacon Cheeseburger	\$6.99

#### Thursday

CHEF'S MARKET: Country Fried Steak With 2 sides	\$6.60 \$9.25
HEALTHY HABIT: Boneless Pork Chop With 2 Sides	\$6.60 \$9.25
SIDES: Mashed Potatoes Corn Vegetable Medley	\$1.90 \$1.90 \$1.90
GRILL SPECIAL: Meatball Sub	\$6.49

#### Friday



CHEF'S MARKET	
Beef Taco Salad	\$9.25

# HEALTHY HABIT: Chicken Taco Salad on Bed of Lettuce \$9.25

SIDES:	
Mexican Rice	\$1.90
Refried Beans	\$1.90
Roasted Corn	\$1.90

GRILL SPECIAL:
Chicken Quesadilla
With Sour cream & salsa \$6.49

## Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate