



Breakfast

- Chia Seed Parfait 
- Yogurt Parfait
- Fruit Cup 
- Sausage Egg & Cheese
- Croissant
- Biscuits & Gravy
- Bagel & Cream Cheese





Heat & Eat

- Hot Dog
- Chicken Strips
- Chili
- Gumbo
- Chicken Stir Fry
- Turkey Bolognese over Spaghetti Squash 
(Work Life Balanced Meal)
- Wasabi Chicken with Rice Noodles and 
Vegetables (Work Life Balanced Meal)

Snacks

- Chia Seed Parfait 
- Yogurt Parfait
- Fruit Cup 
- Hard Boiled Eggs 
- Carrots & Hummus 
- Celery & Peanut Butter 
- Salami & Cheese Snack Box
- Chocolate Pudding Cup
- Brownie Dessert Cup

Salads & Sandwiches

- Greg's Chef Salad 
- Garden Salad
- Ham & Swiss Sliders
- Turkey & Provolone on Wheat 
- Turkey & Provolone on Cranberry
Bread
- Bagel & Cream Cheese
- Cheeseburger
- Plain Breaded Chicken Sandwich
- Blackened Chicken Breast &
Provolone Sandwich

Fresh food options change weekly. Based on Market Fresh Food Menu, all items are subject to change based on participating locations and availability. Items may be out of stock at a specific location.

Questions? Please fill out an online survey. Thank you for your business!