

River's Edge Cafe

January 8th- January 12th
Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am - 8:30 am
10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

CHEF'S MARKET:
Spaghetti & Meat Sauce with
Breadstick \$8.90
With 1 Side \$9.99

SIDES:
Peas & Mushrooms \$2.10
GRILL SPECIAL:
Toasted Ravioli
with Marinara Sauce \$5.99

Tuesday

CHEF'S MARKET: Chicken & Broccoli over Rice \$8.90 With 1 Side \$9.99 **HEALTHY HABIT:** Shrimp Fried Rice \$8.90 With 1 Side \$9.99 SIDES: Steamed Rice Stir Fry Vegetables \$2.10 Egg Roll \$2.10 Crab Rangoon \$2.10

GRILL SPECIAL:

Buffalo Chicken Sandwich \$6.99

Wednesday

CHEF'S MARKET:
Beef Taco Salad \$9.99

HEALTHY HABIT:
Grilled Chicken Taco Salad on a Bed of Lettuce \$9.99

SIDES:
Mexican Rice \$2.10
Refried Beans \$2.10
Roasted Corn \$2.10

GRILL SPECIAL:
River's Edge BBQ Burger \$5.99

Thursday

CHEF'S MARKET:

with 2 sides	\$7.15 \$9.99
HEALTHY HABIT: Boneless Pork chop With 2 Sides	\$7.15 \$9.99
SIDES: Mashed Potatoes Corn Vegetable Medley	\$2.10 \$2.10 \$2.10
GRILL SPECIAL: Popcorn Shrimp with Cocktail Sauce	\$5.99

Friday

CHEF'S MARKET: \$7.15 Fried Fish With 2 Sides \$9.99 **HEALTHY HABIT:** Herb Baked Fish \$7.15 With 2 Sides \$9.99 SIDES: **Buttered Boiled Potatoes** \$2.10 **Baked Beans** \$2.10 Vegetable Medley \$2.10 **GRILL SPECIAL:** California Chicken Pita With cheese, peppers, onions

\$6.99

Mushrooms & ranch

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate