

River's Edge Cafe September 16th-September 20th Jo Landon Manager

Jo Landon Manager <u>exdphillips66@gmail.com</u> Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

Tuesday

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

CHEF'S MARKET: Chicken & Dumplins With 2 Sides	\$7.15 \$9.99	Ger Stea Add
SIDES: Buttered Boiled Potatoes Peas & Mushrooms Vegetable Medley	<mark>\$2.10</mark> \$2.10 \$2.10	SID Stea Stir Egg Crat
GRILL SPECIAL: Toasted Ravioli with Marinara	\$6.99	GRI Gril

CHEF'S MARKET: General Tso's Chicken over Steamed Rice Add a side for 2.10	\$9 . 99
SIDES: Steamed Rice Stir Fry Vegetables Egg Roll Crab Rangoon	\$2.10 \$2.10 \$2.10 \$2.10
GRILL SPECIAL: Grilled Chicken with Bacon, Ranch & American Cheese	\$7.99

Wednesday

.99	CHEF'S MARKET: Smoked Pork With two sides	\$7.15 \$9.99
.10 .10	HEALTHY HABITS: Smoked Chicken With 2 sides	\$7.15 \$9.99
.10 10	SIDES: Au Gratin Potatoes Green Beans Vegetable Meldey	\$2.10 \$2.10 \$2.10
.99	GRILL SPECIAL: Turkey & Cheese Melt	\$6.99

Thursday		Friday		Served Daily
CHEF'S MARKET: Fried Chicken With 2 sides	\$7.15 \$9.99	CHEF'S MARKET: Catfish Nuggets With 2 Sides	\$7.15 \$9.99	Grilled Chicken Breast Beyond Burger Turkey Burger
HEALTHY HABIT: Baked Chicken With 2 sides	\$7.15 \$9.99	SIDES: Potato Salad Cole Slaw Green Beans	\$2.10 \$2.10 \$2.10	Vegetable Plate
SIDES: Mashed Potatoes Corn Vegetable Medley GRILL SPECIAL: BBQ Rib Sandwich	\$2.10 \$2.10 \$2.10 \$6.99	GRILL SPECIAL: Chicken Fajita Wrap w peppers and onions	ith \$6.99	