

## River's Edge Cafe September 16<sup>th</sup>-September 20<sup>th</sup> Jo Landon Manager

Jo Landon Manager <u>exdphillips66@gmail.com</u> Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

Tuesday

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

## Green Choose MORE often Yellow choose in Moderation Red choose LESS often

## Monday

<b>CHEF'S MARKET:</b> Chicken & Dumplins With 2 Sides	\$7.15 \$9.99	Ger Stea Add
SIDES: Buttered Boiled Potatoes Peas & Mushrooms Vegetable Medley	<mark>\$2.10</mark> \$2.10 \$2.10	SID Stea Stir Egg Crat
<b>GRILL SPECIAL:</b> Toasted Ravioli with Marinara	\$6.99	<b>GRI</b> Gril

<b>CHEF'S MARKET:</b> General Tso's Chicken over Steamed Rice Add a side for 2.10	\$9 <b>.</b> 99
<b>SIDES:</b> Steamed Rice Stir Fry Vegetables Egg Roll Crab Rangoon	\$2.10 \$2.10 \$2.10 \$2.10
<b>GRILL SPECIAL:</b> Grilled Chicken with Bacon, Ranch & American Cheese	\$7.99

## Wednesday

.99	<b>CHEF'S MARKET:</b> Smoked Pork With two sides	\$7.15 \$9.99
.10 .10	HEALTHY HABITS: Smoked Chicken With 2 sides	\$7.15 \$9.99
.10 10	SIDES: Au Gratin Potatoes Green Beans Vegetable Meldey	\$2.10 \$2.10 \$2.10
.99	GRILL SPECIAL: Turkey & Cheese Melt	\$6.99

Thursday		Friday		Served Daily
<b>CHEF'S MARKET:</b> Fried Chicken With 2 sides	\$7.15 \$9.99	<b>CHEF'S MARKET:</b> Catfish Nuggets With 2 Sides	\$7.15 \$9.99	Grilled Chicken Breast Beyond Burger Turkey Burger
HEALTHY HABIT: Baked Chicken With 2 sides	\$7.15 \$9.99	SIDES: Potato Salad Cole Slaw Green Beans	\$2.10 \$2.10 \$2.10	Vegetable Plate
SIDES: Mashed Potatoes Corn Vegetable Medley GRILL SPECIAL: BBQ Rib Sandwich	\$2.10 \$2.10 \$2.10 \$6.99	<b>GRILL SPECIAL:</b> Chicken Fajita Wrap w peppers and onions	ith <b>\$6.99</b>	