

River's Edge Cafe April 21st-April 25th Jo Landon Manager

Jo Landon Manager <u>exdphillips66@gmail.com</u> Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

, CHEF'S MARKET:	
CHEF'S MARKET: Baked Meatloaf	\$7.15
With 2 Sides	\$9.99

HEALTHY HABIT: Honey Mustard	
Chicken Breast	\$7.15
With 2 Sides	\$9.99
SIDES:	
Au Gratin Potatoes	\$2.10
Peas & Mushrooms	\$2.10
Vegetable Medley	\$2.10
GRILL SPECIAL:	
Hamburger Horseshoe	\$7.99

Tuesday

CHEF'S MARKET: BBQ Pork Steak With 2 Sides	\$7.15 \$9.99
HEALTHY HABIT: Herb Chicken Breast With 2 Sides	\$7.15 \$9.99
SIDES: Macaroni & Cheese Vegetable Medley Baked Beans	\$2.10 \$2.10 \$2.10
GRILL SPECIAL: Grilled Chicken with Bacon,	

Ranch & American Cheese \$7.99

Wednesday

CHEF'S MARKET: Beef Taco Salad	\$9.99
HEALTHY HABITS: Grilled Chicken Taco Salad on a Bed of Lettuce	\$9.99
SIDES: Mexican Rice Refried Beans Roasted Corn	\$2.10 \$2.10 \$2.10
GRILL SPECIAL:	

Western Chicken Sandwich \$6.99

Thursday		Friday		Served Daily
CHEF'S MARKET: Country Fried Steak With 2 sides HEALTHY HABIT:	\$7.15 \$9.99	CHEF'S MARKET: Fried Fish With 2 Sides	\$7.15 \$9.99	Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate
Baked Chicken With 2 sides	\$7.15 \$9.99	Herb Baked Fish With 2 sides	\$7.15 \$9.99	
SIDES: Mashed Potatoes Corn Vegetable Medley	<mark>\$2.10</mark> \$2.10 \$2.10	SIDES: Oven Roasted Potatoes Vegetable Medley Cole Slaw	\$2.10 \$2.10 \$2.10	
GRILL SPECIAL: Greek Gyro	\$7.50	GRILL SPECIAL: Popcorn Shrimp with Cocktail Sauce	\$6.99	