



Food Service and Catering by:

# River's Edge Cafe

Sept 22<sup>nd</sup> - Sept-26th

Michelle Bechtold

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Hours: 6:00 am - 8:30 am

10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

**Green Choose MORE often**  
**Yellow choose in Moderation**  
**Red choose LESS often**

## Monday

CHEF'S MARKET:

HEALTHY HABIT:

Spaghetti and Meat Sauce

With bread stick

\$9.99

With 1 side

\$10.75

SIDES:

Oven Roasted Potatoes

\$2.50

Vegetable Medley

\$2.50

Peas & Mushrooms

\$2.50

GRILL SPECIAL:

Chipotle Chicken Sandwich with

Pepper Jack Cheese

\$6.99

## Tuesday

CHEF'S MARKET:

Liver and Onions

\$9.99

With 2 sides

\$10.75

HEALTHY HABIT:

Apple glazed pork loin

\$9.99

With 2 Sides

\$10.75

SIDES:

Mashed potatoes

\$2.50

Green beans

\$2.50

Vegetable Medley

\$2.50

GRILL SPECIAL:

Mushroom & Swiss Burger

\$6.99

## Wednesday

DELI STATION CLOSED TODAY

CHEF'S MARKET:

Smoked Pork

\$7.50

With 1 Side

\$10.75

HEALTHY HABIT:

Smoked Chicken

\$7.50

With 2 Sides

\$10.75

SIDES:

Macaroni & Cheese

\$2.50

Cole Slaw

\$2.50

Vegetable Medley

\$2.50

GRILL SPECIAL:

Hamburger

Horseshoe

\$9.35

## Thursday

CHEF'S MARKET:

Fried Chicken

\$9.99

With 2 sides

\$10.75

HEALTHY HABIT:

Baked Chicken

\$9.99

With 2 sides

\$10.75

SIDES:

Mashed Potatoes

\$2.50

Corn

\$2.50

Vegetable Medley

\$2.50

GRILL SPECIAL:

Grilled Ham & Cheese

\$6.99

## Friday

CHEF'S MARKET:

Catfish Nuggets

\$9.99

With 2 Sides

\$10.75

SIDES:

Potato Salad

\$2.50

Baked Beans

\$2.50

Mixed Vegetables

\$2.50

GRILL SPECIAL:

Ravioli

\$6.99

## Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate